

Day 5

Village of Sfruz - village of Tres - village of Vervò - village of Vigo di Ton

Altitude difference uphill approx. 760 m

Altitude difference downhill approx. 1300 m

Length of the trail approx. 18.6 km

Terrain: 3.9 km asphalt and 14.7 km forest- and meadow trails, path, forestry road.

Time needed 8-9 hours – not including rest periods.

Route description:

From the church in Sfruz (964 m - sign "Smarano") briefly hike back in the direction of Samarano, passing a small chapel and turning left at the crossing (big concrete cross - sign Sentèr dei Plazi trail marker 6). The trail descends through the orchards to a left corner, where it meets with another trail. There a small forestry trail branches off (sign "Tres, Vervò - trail marker SF). Descend into the riverbed along the forestry trail and hike on a broad forestry road (sign "Tres, Vervò - trail marker SF) to the reservoir at the outskirts of the village. Follow the road direction Tres (848 m). Just before the main road to Vervò (there is a small park on the right side), turn left on to the Via Brociai (street sign on the left - otherwise bad signage) and hike up to the caravan parking area. There will once again be red - white markers (SF). Walk uphill at the edge of the parking area and beside the road to Vervò until in a right corner the trail intersects the main road. Follow the signs to Sores (trail marker SF) and ascend through the forest to a forestry road. Cross the road (bad signage) and walk a short stretch uphill through the forest to a concrete paved road. Follow the paved road to a fork with signs. The trail to Vervò branches off to the right (sign "Vervò" - trail marker SF) and leads through meadows to the outskirts of the village, and then to the church in the village of Vervò (910 m). At the church turn left (sign "Vigo di Ton" - trail marker SF) and follow the access road to Predaia up to the first left corner. The way to Vigo di Ton (straight ahead along the gravel road) is indicated by signs and the trail marker SF. The forestry road passes the view point Verginaz (936 m) and the trail gradually descends into the impressive canyon of the seldom water-bearing creek Rio Pongaiola. After crossing the bridge, hike uphill along concrete covered, steep sections. The trail then meanders along the edge of the alpine meadows of the alp Malga Vervò and disappears once more in the forest. There is no trouble with orientation and hiking through the forest to descend into the Val Marzana. Keep on hiking until to the forestry road 510 (Prà d'Arza). Walk straight ahead to a crossing to a water cistern in the vicinity of Castel Thun (631 m). The way to the village of Vigo di Ton (signs) branches off to the left. In order to take the short detour via Castel Thun, keep on hiking straight ahead to the castle. Otherwise, pass the castle on the left side to arrive at a parking area, and follow the narrow road downhill to a fork, where on the left the connecting trail (sign "Vigo di Ton") to the village starts.

Maps: 4Land - sheet 155 - 1:25.000/ Val di Non

Possible rest stops along the route: inns in Sfruz

Accommodations for overnight stay: several options in the village of Vigo di Ton

Tourist associations: www.visitvaldinon.it

