



### ***Day 7***

### ***Hamlet of Monte - village of Mezzolombardo - hamlet of Vallene***

Section from village of Mezzolombardo - lake "Lago di Lamar" - hamlet of Vallene

Altitude difference uphill approx. 1480 m

Altitude difference downhill approx. 970 m

Length of the trail approx. 18.9 km

Terrain: 18.9 km forest- and meadow trails, path, forestry road.

Time needed 8½-9½ hours – not including rest periods

Section from village of Fai di Paganella (locality Santel) - lake "Lago di Lamar" - hamlet of Vallene

Note: Mezzolombardo - Mezzocorona with the train. From Mezzocorona to Santel with the scheduled bus

Altitude difference uphill approx. 690

Altitude difference downhill approx. 950

Length of the trail approx. 13 km

Terrain: 13 km forest- and meadow trails, path, forestry road.

Time needed 3-4 hours – not including rest periods

#### Route description:

The trail to the high plateau of Fai di Paganella starts at the village border of Mezzolombardo (227 m) at the church San Giovanni. Walk uphill to the left of the church and follow the road to the last houses. The steep ascent (trail marker 602B) leads past the graveyard and up through the forest to the crossing with the trail 602C. Continue following the trail 602B uphill to the road to the village Fai di Paganella. Cross the road and hike above it to the spring "Fontana Fredda". A nice panoramic trail (marker 680) crosses above Fai di Paganella (968 m) and parallels the road up to the Passo del Santel (1033 m), the highest point of this day's section. Cross the main road to Andalo directly at the pass and on the opposite side follow Trail 680. The trail starts directly beside a hard-to-recognize electric power substation.

Hike downhill along paths and forestry roads, passing the "Cros dei Francesi" and descending into the Val die Menare. Continue the descent to the Cros dei Francesi, during which two forks will be encountered. At the first fork keep left (to the right the trail 682 branches off) and at the second one again stay left (to the right the trail 680A branches off). Carry on downhill to the unmanned hut "El Cason". Keep on to the view point "Mulinel" and follow the signs to "Lago di Lamar". Without any more forks the trail leads underneath the Monte Paganella and ascends another 400 meters to the locality Prà della Bedola (810 m). A brief descent leads to the lake "Lago di Lamar". Just before reaching the inn "Ai tre Faggi" hike along the easterly lakefront to a fork and follow the signs to Terlago / Vallene. At the following fork keep right (sign "Terlago /

Vallene") and walk through the shady forest to the campground "Laghi di Lamar". Another brief descent leads to the hamlet of Vallene (711 m).

Maps: 4Land - sheet 139 - 1:25.000 / Gruppo di Brenta - Brentagruppe

Time table narrow-gauge railway Trento - Malè / leg Mezzocorona-Mezzolombardo and scheduled bus from Mezzocorona to Fai di Paganella, locality Santel: [www.ttesercizio.it/Treno](http://www.ttesercizio.it/Treno)

Possible rest stops along the route: inns in Fai della Paganella, Albergo ai Tre Faggi in the vicinity of the lake "Lago di Lamar"

Accommodations for overnight stay: Agritur Vallene (holiday on a farm, open year round - [www.prolocoterlago.it](http://www.prolocoterlago.it))

Tourist association: [www.prolocoterlago.it](http://www.prolocoterlago.it)







